Target Audience

This activity is intended for clinicians seeking strategies for treating medication-assisted psychotherapy/psychopharmaceuticals and psychiatric care of transgender individuals.

Educational Objectives

After completing this activity, the participant should be better able to:

• Develop a strategy to apply a multi-disciplinary, gender affirming, approach for the psychiatric and medical treatment of transgender and gender nonbinary individuals.
• Identify new treatment opportunities utilizing psychopharmaceuticals.
• Detect shortfalls in current psychiatric approaches to treating transgender individuals.
• Discuss tangible options for assisting the immigrant populations in our community through outreach, advocacy and psychiatric treatments tailored to the specific needs of this population.
• Respond to the growing public interest to new options for medication assisted psychotherapy.

Faculty
Dan Bristow, MD
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Psychopharmacology Institute

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Shawn Sidhu, MD
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Kevin Smith, MD
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Providence HealthCare
Amy Penkin, MD
Program Supervisor,
OHSU Transgender Health Program

Daniel Dugi, MD
Surgical Medical Director & Co-Founder,
OHSU Transgender Health Program

Mary Marsiglio, MD
Clinical Psychologist,
OHSU Transgender Health Program

Program Agenda
See Attached

Joint Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and Oregon Psychiatric Physicians Association. Postgraduate Institute for Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician Continuing Medical Education
The Postgraduate Institute for Medicine designates this live activity for a maximum of 13 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Nursing Education
The maximum number of hours awarded for this Continuing Nursing Education activity is 13 contact hours.

Psychologist Continuing Education
Postgraduate Institute for Medicine (PIM) is approved by the American Psychological Association to sponsor continuing education for psychologists. PIM maintains responsibility for this program and its content.

Credit Designation
This program offers 13 continuing education credits for psychologists.
Social Workers Continuing Education

As a Jointly Accredited Organization, Postgraduate Institute for Medicine is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Postgraduate Institute for Medicine maintains responsibility for this course. Social workers completing this course receive 13 clinical continuing education credits.

Disclosure of Conflicts of Interest
Postgraduate Institute for Medicine (PIM) requires instructors, planners, managers, and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest (COI) they may have as related to the content of this activity. All identified COI are thoroughly vetted and resolved according to PIM policy. PIM is committed to providing its learners with high quality activities and related materials that promote improvements or quality in healthcare and not a specific proprietary business interest of a commercial interest.

Faculty
The faculty members have nothing to disclose.

Planners and Managers
The PIM planners and managers have nothing to disclose. The Oregon Psychiatric Physicians Association planners and managers have nothing to disclose.

Disclosure of Unlabeled Use
This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. The planners of this activity do not recommend the use of any agent outside of the labeled indications. The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of the planners. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

Disclaimer
Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient’s conditions and possible contraindications and/or dangers in use, review of any applicable manufacturer’s product information, and comparison with recommendations of other authorities.
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If you have any questions regarding the CME certification for this activity, please contact Postgraduate Institute for Medicine at: inquiries@pimed.com or (303) 799-1930.